**PSYCHOLOGY (Arts) – XI**

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| **Month** | **WD** | **PRD** | **Chapters** | **Topics** | **Practicals And Assignment** |
| **APRIL** | 22 | 3 | 1. What is psychology? | * Introduction * What is Psychology?   Psychology as a Discipline | * Work motivation questionnaire by K.G Aggarwal   Notes making of chapter 1 and mind map preparation |
|  |  | 3 | 1.What is psychology? | * Psychology as a Natural Science   Psychology as a Social Science | * Work motivation questionnaire by K.G Aggarwal   Notes making of chapter 1 and mind map preparation |
|  |  | 3 | 1. What is psychology? | * Understanding Mind and Behaviour * Popular Notions about the Discipline of Psychology   Evolution of Psychology | * Work motivation questionnaire by K.G Aggarwal   Notes making of chapter 1 and mind map preparation and ncert question answers |
|  |  | 3 | 1.What is psychology? | * Some Interesting Landmarks in the Evolution of * Modern Psychology * Development of Psychology in India * Branches of Psychology * Psychology and Other Disciplines   Psychology in Everyday Life | * Work motivation questionnaire by K.G Aggarwal * Notes making of chapter 1 and mind map preparation and ncert question answers |
| **MAY** | 24 | 7 | 2. Methods of enquiry in psychology | * Introduction * Goals of Psychological Enquiry * Steps in Conducting Scientific Research * Alternative Paradigms of Research * Nature of Psychological Data * Some Important Methods in Psychology * Observational Method * Example of an Experiment * Experimental Method   Correlational Research | * Notes making of chapter 2 and mind map preparation |
|  |  | 6 | 2. Methods of enquiry in psychology | * Survey Research * Example of Survey Method * Psychological Testing * Case Study * Analysis of Data * Quantitative Method * Qualitative Method * Limitations of Psychological Enquiry   Ethical Issues | * Notes making of chapter 2 and mind map preparation and ncert question answers |
|  |  | 11 | 3. Human Development | * Introduction * Meaning of Development * Life-Span Perspective on Development * Growth, Development, Maturation, and * Evolution * Factors Influencing Development   Context of Development | * Notes making of chapter 3 and mind map preparation * Adhd scale practical |
| **MAY Unit Test-I** | Syllabus | | Ch-1 | Chapter 1 What is psychology? | (Part-A) |
| Ch-2 | Chapter 2 Methods of enquiry in psychology | (Part-B) |
| **JULY** | 24 | 6 | 3.Human Development | * Overview of Developmental Stages * Prenatal Stage * Infancy * Childhood * Gender and Sex Roles * Challenges of Adolescence   Adulthood and Old Age | * Notes making of chapter 3 and mind map preparation and NCERT questions answers   ADHD scale practical |
|  |  | 12 | 4.Sensory,Attentional and perceptual processes | * introduction * Knowing the World * Nature and Varieties of Stimulus * Sense Modalities * Attentional Processes * Selective Attention * Divided Attention * Sustained Attention * Span of Attention   Attention Deficit Hyperactivity Disorder | Notes making of chapter 4 and mind map preparation |
|  |  | **6** | 4.Sensory,Attentional and perceptual processes | * Perceptual Processes * Processing Approaches in Perception * The Perceiver * Principles of Perceptual Organisation * Perception of Space, Depth, and Distance * Monocular Cues and Binocular Cues * Perceptual Constancies * Illusions   -Cultural Influences on Perception | Notes making of chapter 4 and mind map preparation and NCERT questions answers |
| **July/Aug**  **Unit Test-II** | Syllabus | | Ch-3 | Chapter 3 Human Development | (Part-A) |
| Ch-4 | Chapter 4 Sensory,Attentional and perceptual processes | (Part-B) |
| **AUG.** | 22 | 7 | 5.learning | * Introduction * Nature of Learning * Paradigms of Learning * Classical Conditioning * Determinants of Classical Conditioning * Operant/Instrumental Conditioning * Determinants of Operant Conditioning   Classical and Operant Conditioning : Differences | * Notes making of chapter 5 and mind map preparation |
|  |  | 7 | 5.learning | * Key Learning Processes * Learned Helplessness * Observational Learning * Cognitive Learning * Verbal Learning * Skill Learning * Factors Facilitating Learning   Learning Disabilities | * Notes making of chapter 5 * mind map preparation * NCERT questions answers |
|  |  | 8 | 6. Human Memory | * Introduction * Nature of Memory * Information Processing Approach : The Stage Model * Memory Systems : Sensory, Short-term and Long-term Memories * Working Memory * Levels of Processing * Types of Long-term Memory | * Notes making of chapter 6   mind map preparation |
| **SEPT.**  **Term-I** | Syllabus | | Chapter 1 to 4 | | |
| **OCT.** | 19 | 10 | 6. Human Memory | * Declarative and Procedural; Episodic and Semantic * Long-term Memory Classification * Methods of Memory Measurement * Nature and Causes of Forgetting * Forgetting due to Trace Decay, Interference and Retrieval Failure * Repressed Memories * Enhancing Memory   Mnemonics using Images and Organisation | * Notes making of chapter 6 * mind map preparation   Ncert question answers |
|  |  | 9 | 7. Thinking | * Introduction * Nature of Thinking * Building Blocks of Thought * Culture and Thinking * The Processes of Thinking * Problem Solving * Reasoning   Decision-making | * Notes making of chapter 7 * mind map preparation |
| **NOV.** | 22 | 7 | 7. Thinking | * Nature and Process of Creative Thinking * Nature of Creative Thinking * Lateral Thinking * Process of Creative Thinking * Strategies for Creative Thinking * Thought and Language * Development of Language and Language Use   Bilingualism and Multilingualism | * Notes making of chapter 7 * mind map preparation   NCERT questions answers |
|  |  | 8 | 8.Motivation and Emotion | * Introduction * Nature of Motivation * Types of Motives * Biological Motives * Psychosocial Motives   Maslow’s Hierarchy of Needs | * Notes making of chapter 8 * mind map preparation   NCERT questions answers |
|  |  | 7 | 8.Motivation and Emotion | * Nature of Emotions * Expression of Emotions * Culture and Emotional Expression * Culture and Emotional Labeling * Managing Negative Emotions * Post-Traumatic Stress Disorder * Management of Examination Anxiety   Enhancing Positive Emotions | * Notes making of chapter 8 * mind map preparation   NCERT questions answ hu h |
| **DEC.** | 23 | 11 | Revision of chapter 1 to 4 | doubt sessions | Test of chapter 1 to 4 |
|  |  | 12 | Revision of chapter 5 to 8 | doubt sessions | Test of chapter 5 and 8 |
| **DEC.** | **Pre-Board** | | Ch-1 to 8 |  |  |
| **FEB.** | **Final Exam** | | Ch-1 to 8 |  |  |